



STEP INTO A SANCTUARY FOR THE SENSES

Drawing on Asian traditions that date back centuries, our intimate retreats blend romance and serenity with exotic sensuality. The architecture of the spa pavilions and suites infuses local inspiration seamlessly with the natural beauty of the environment. Our massages are based on evolving techniques that passed through the hands of many generations. Our health and beauty remedies combine the use of aromatic oils, herbs and spices with ancient healing powers. Under the intuitive touch of our therapists, simple sensory pleasures are reawakened to define the award-winning Banyan Tree Spa experience.

Sense of Tranquillity: Calm your mind and draw in the tranquillity of your surroundings. Sit back and relax as our therapist welcomes you with a soothing Foot Bath.

Enjoy the difference.



PLEASE TAKE A MOMENT TO READ THIS

Etiquette

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly.

Please switch your cellular phones and electronic devices off or to silent mode.

Calm Time

Guests will be accorded a 30-minute Calm Time of refreshments and relaxation per visit.

Check-in

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

Valuables

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Smoking and Alcohol

Smoking and the consumption of alcohol within the spa are prohibited.

Cancellation Policy

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

Refund Policy

Treatment packages are non-refundable.

Unused portion of the packages are non-transferable or non-exchangeable for another time.

Gift Certificates

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

Disclaimer

The spa treatments, services and/or facilities received or utilised at Banyan Tree Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Banyan Tree Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.



TIME-HONOURED TRADITIONS

TAILORED FOR YOUR SENSES

PURPOSEFUL THERAPIES

FULL BODY MASSAGES

FUSION FOCUS

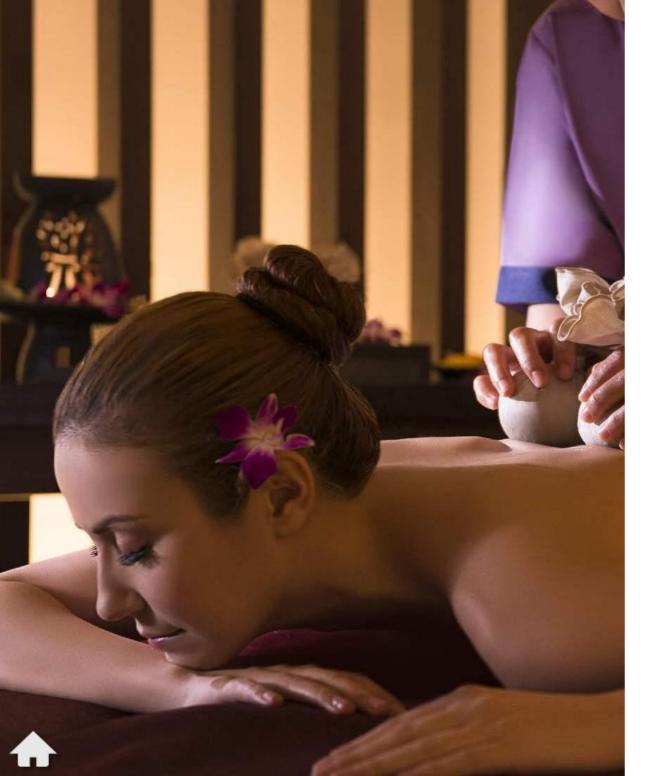
BODY SCRUBS

BODY CONDITIONERS

CALMING BATHS

FACIALS

BANYAN BEAUTY



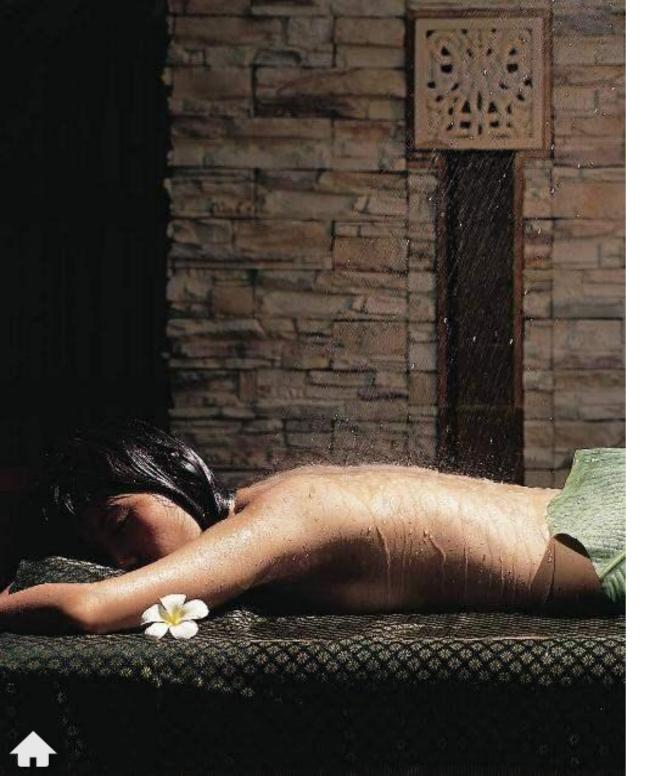
The ultimate pampering experience, Banyan Signatures features holistic treatments for your complete physical, mental and spiritual renewal.

Royal Banyan

150 main rate transfer and	Standard	Off-Peak
150-minute treatment	MOP3,600++	MOP3,400++

A well-loved treatment, Royal Banyan delivers the best of Eastern and Western massage techniques to improve blood circulation and ease muscle aches. Featuring a warm herbal pouch dipped in Sesame Oil, this signature treatment presents the quintessential Banyan Tree Spa experience like no other.

Coriander Cucumber Cleanser • Royal Banyan Herbal Pouch Massage • Jade Face Massage • Therapeutic Herbal Bath



Sense of Place - Banyan Hot Stones

150-minute treatment

Standard MOP3,600++ Off-Peak MOP3,400++

Heated stones are soothingly massaged over the body along with the use of warm Clarity Oil to exert pressure on energy points. Its powers are beneficial for smoother flow of Qi and discharge of toxins from your body. Complete the treatment with a nourisher using fresh milk and pumpkin to leave your skin soft and smooth.

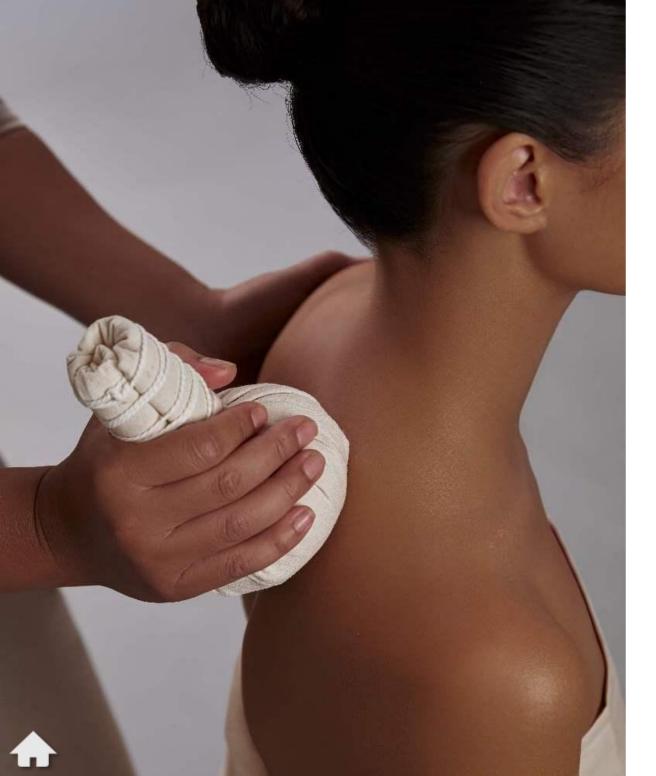
Hot Stones Massage • Foot Massage • Pumpkin Nourisher

Tropical Rainmist

150	Standard	Off-Peak
150-minute treatment	MOP3,600++	MOP3,400++

Indulge in an exclusive wellness ritual inspired by the healing properties of tropical rain and time-honored Eastern therapies, designed to awaken the senses and restore inner harmony. Begin with a purifying steam bath and a luxurious bath soak, cleansing scrub, continue surrendering to your preferred therapeutic massage, tailored to melt away tension and encourage deep relaxation. The experience culminates in a radiant express facial of Rose Quartz Face Qua Sha, leaving your complexion refreshed and illuminated.

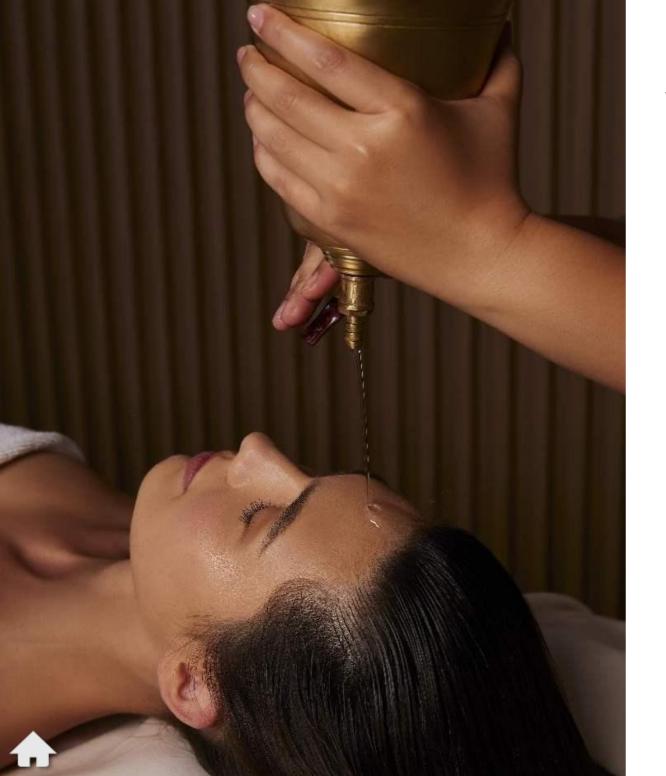
Bath Soak • Steam Bath • Cleansing Scrub • Rain Shower • Choice of Massage • Rose Quartz Face Gua Sha and Express Facial



Master Therapist Experience

90-minute treatment Standard Off-Peak MOP2,800++ MOP2,600++

Restore energy that was thought to be long gone. Drawn from the expertise of the Master Therapist, indulge in a specially tailored treatment using a repertoire of massage techniques and tools. Therapist will first take time to understand the profile of each individual guest before customizing a package best suited to meet his or her needs.



TIME-HONOURED TRADITIONS

Inspired by ancient traditions dating back centuries, this selection of classic therapies features timeless secrets of wellness and beauty.

Indian Traditions

120 minute treatment	Standard	Off-Peak
120-minute treatment	MOP2,800++	MOP2,600++

This beautifying regime features Ayurvedic traditions with aromas that bathed the grounds of Indian palaces. Allow the therapist to restore vitality to your energy channels and strengthen your immune system. The Shirodhara effectively relieves anxiety as a soothing stream of warm oils flows onto your forehead.

Ayurvedic Massage • Chakra Head Massage • Shirodhara • Lepanam • Steam Bath

Thai Traditions

120 minuto traatment	Standard	Off-Peak
120-minute treatment	MOP2,800++	MOP2,600++

The therapeutic stretching of the massage alleviates internal tension and enhances flexibility of the body. Feel the soothing heat on your muscles and be wrapped in a healing remedy of Thai herbs. Soak in the goodness of an uplifting Ginger Bath as you step out with glowing skin.

Herbal Enhancer • Ginger Refresher • Thai Herbal Heat Treatment • Thai Classic Massage • Aromatic Ginger Bath



TAILORED FOR YOUR SENSES

	Standard	Off-Peak
90-minute treatment	MOP2,200++	MOP2,000++
120-minute treatment	MOP2,800++	MOP2,600++
150-minute treatment	MOP3,400++	MOP3,200++

Create your very own spa experience with favourites from a curated list of components. Select your desired duration then mix and match with the body treats of your choice.

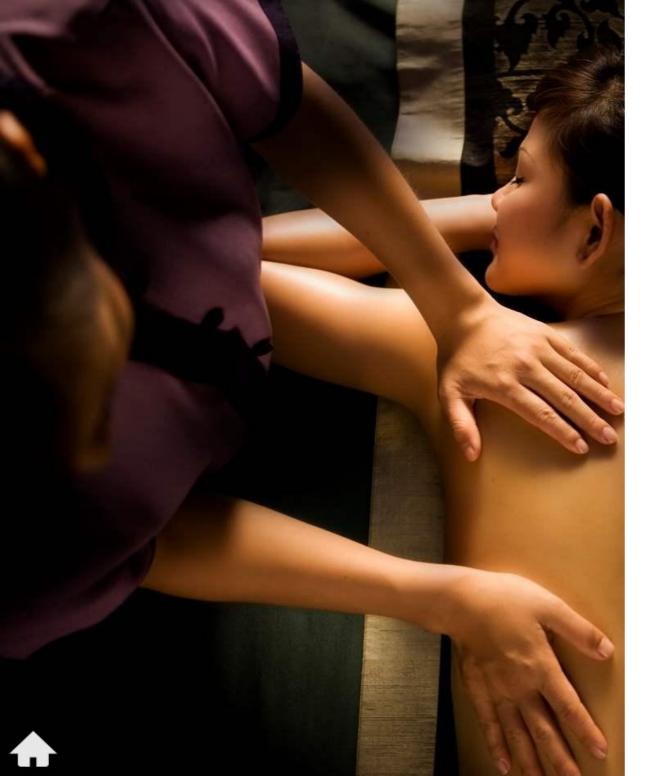
For The Ladies

- 60-minute Body Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 60-minute Facial
- 30-minute Calming Bath

For The Gentlemen

- 60-minute Body Massage
- 30-minute Back Massage OR 30-minute Foot Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 30-minute Express Facial
- 30-minute Calming Bath

*For optimal relaxation and benefit, the duration of combined massages would be 90 minutes.



PURPOSEFUL THERAPIES

90-minute treatment

Standard MOP2,300++ Off-Peak MOP2,100++

Different from the other classic massages, these two purposeful therapies go even further by giving particular focus on our guest's physical and mental state to deliver a truly holistic wellbeing experience.

Sleep Essentials

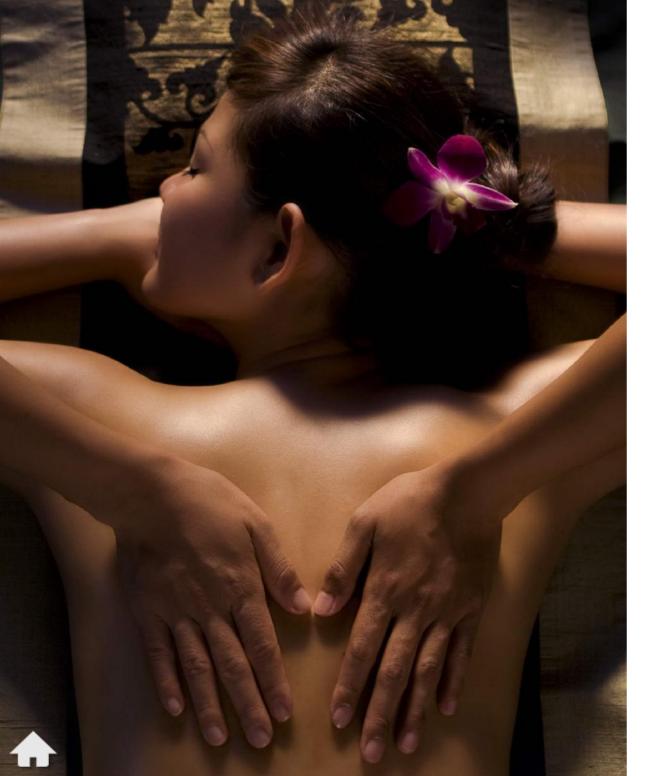
A unique ritual that combines different evidence-based techniques and approaches to bring the mind and body to a deep state of rest. It is ideal for those experiencing insufficient rest or poor sleep. Enjoy sleep enhancing scents and warming herbal pouch and other five senses elements as your therapist guides you through a calming journey to peacefulness. This experience may be extended for a longer session, to promote further relaxation.

Includes: Hand & Feet Heated Herbal Pad • Binaural Music • Sleep Enhancing Massage Oil • Long Stroke Massage Technique

Urban Relief

Prolonged desk-bound work strains the neck, back and shoulders, causing frequent stress and tension, and contributing to the so-called office syndrome. This treatment aims to alleviate this chronic pain and reduce muscle stiffness by combining trigger points and myofascial massage techniques.

Includes: Trigger Point Acupressure Technique • Light Stretching Technique • Hand Heated Herbal Pad • Warm Clarity Oil



FULL BODY MASSAGES

	Standard	Off-Peak
75-minute treatment	MOP1,780++	MOP1,600++
90-minute treatment	MOP1,980++	MOP1,800++

Choose from an indulgent array of massages and surrender to the intuitive touch of our professionally trained therapists. Choose from Touch of Love or Touch of Peace massage oil to complement your state of mind and achieve desired effects.

Balinese

A medium to strong massage where the therapist applies deep thumb and palm pressure with slow, firm, rhythmic strokes. These techniques uplift the senses and ease muscle tension, leaving you fully invigorated.

Deep Tissue

A medium to strong deep pressure massage which minimizes recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

Gentle Touch

Be pampered by this soft to medium massage where soothing, long strokes and thumb pressure are applied in tandem to relax the body. Ideal for guests who prefer a lighter massage pressure or expectant mothers, children and the elderly.



FULL BODY MASSAGES

	Standard	Off-Peak
75-minute treatment	MOP1,780++	MOP1,600++
90-minute treatment	MOP1,980++	MOP1,800++

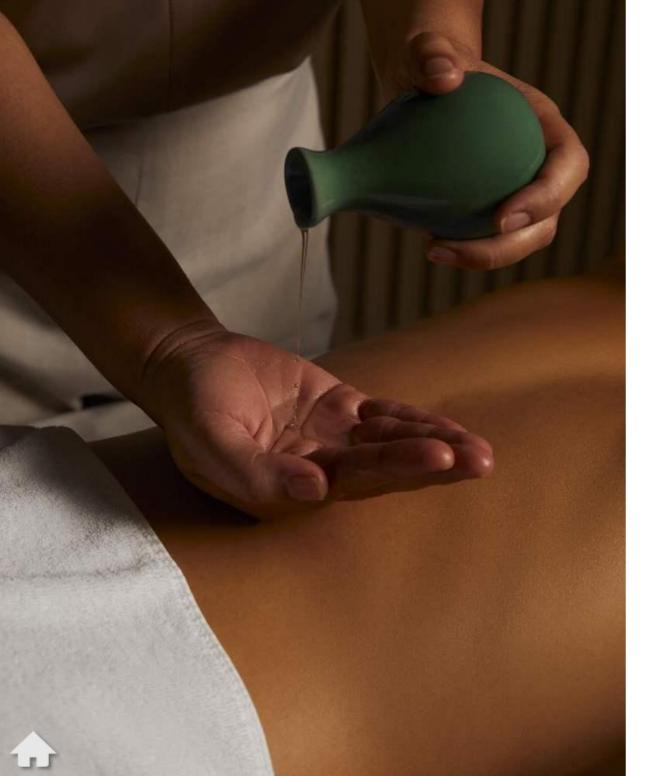
Thai Essence

A medium to strong massage adapted from traditional Thai massage techniques which improves overall flexibility from top to toe. Palms and thumbs are applied to pressure points to relieve tired muscles and to boost energy. No oil is used, and a two-piece outfit is worn.

00	Standard	Off-Peak
90-minute treatment	MOP2,200++	MOP2,000++

Thai Classic

A perfect mix of subtle stretching with rhythmic massaging and compressions to balance the body system and stimulate energy flow. This classic massage uses traditional Thai techniques to apply deep palm strokes on the back with delicate stretching.



FUSION FOCUS

30-minute treatment

Standard MOP880++ Off-Peak MOP780++

Designed for guests who are on-the-go, these massages begin with a gentle foot wipe and end with light refreshments. Warm Clarity Oil is used in all massages to soothe nerves and moisturise skin.

Back Reviver

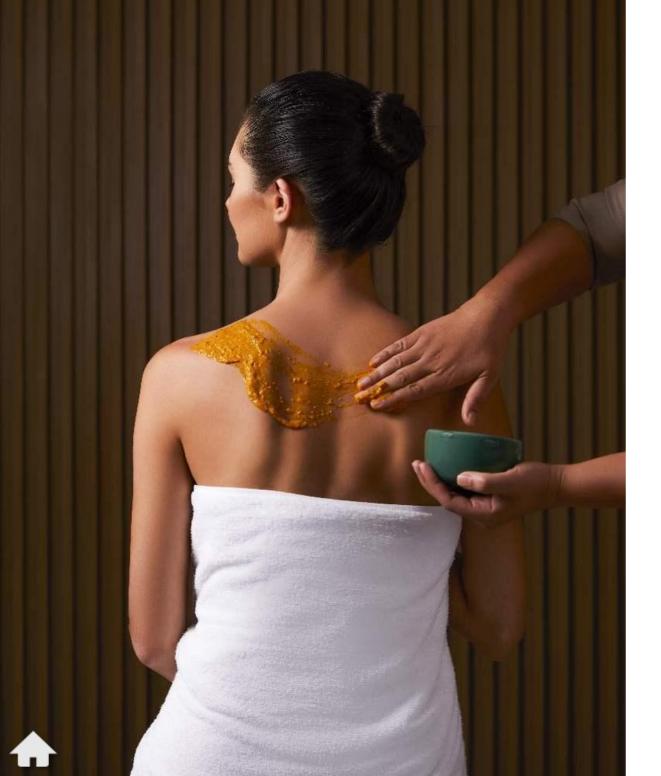
For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.

Foot Release

Pamper your soles with this relaxing massage concentrating on the pressure points to rejuvenate tired, worn muscles from the heel to the tips of the toes.

Head & Shoulders Reliever

Let your therapist knead your stress and headaches away with this simple but effective massage to improve flexibility and blood circulation within the head. Guests can choose to enjoy this massage with or without oil.



BODY SCRUBS

30-minute treatment

Standard MOP880++ Off-Peak MOP780++

Apple Green Tea Polisher

for All Skin Types & Sensitive Skin

Natural apple acids rich in vitamin C perform as a gentle cleanser while green tea powder nourishes the skin with its anti-oxidant and calming properties. The catechin in green tea energizes your skin cells, leaving your skin soft and smooth after this refreshing renewal experience.

Ginger Lemon Refresher

for Oily Skin

The warming effect of fresh ginger, together with the antioxidant properties of lemon acid, makes this body scrub a refreshing and deeply purifying experience. This effective cleanser will reignite skin radiance, while the stimulating scent of citrus and ginger offers the best stress relief.

Honey Pearl Brightener

for Dry Skin

Achieve that luminous sheen on your skin with this nourishing scrub of pearl powder. Pearl has been used for centuries for improving skin tone and promoting skin cell growth. Honey acts as a natural humectant, keeping your skin moist while brightening your skin tone.



BODY CONDITIONERS

30-minute treatment

Standard MOP880++ Off-Peak MOP780++

Aloe Lavender Healer

for All Skin Types & Sensitive Skin

Aloe and lavender are known for their healing and purifying properties. Excellent for sensitive skin, the mask improves skin condition, calms skin irritation and its light fragrance induces relaxation.

Honey Avocado Healer

for All Skin Types

The highly moisturizing honey and creamy Avocado make up this body conditioner which improves skin condition and restore softness to the skin. Its delightful fragrance leaves you feeling refreshed.



CALMING BATHS

30-minute treatment

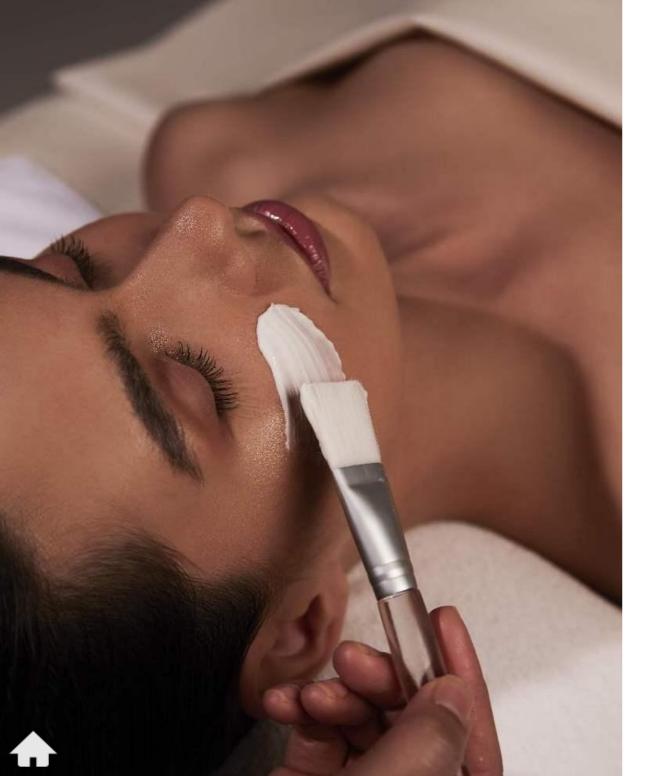
Standard MOP880++ Off-Peak MOP780++

Detoxing Bath

Relax your senses with a salt bath, an all-time favorite for centuries. Citrus fruits are added for extra zest.

Relaxing Bath

Infused with indigenous flower from the destination, feel your mood lighten up with this fragrant bath.



90-minute treatment

Standard MOP3,200++ Off-Peak MOP3,000++

Advanced Biotech

for Matured Skin

Transform your skin with deep hydration and enhanced cellular renewal, resulting in a plump, youthful appearance. This advanced facial features the latest in bio tech natural actives, a fusion of holistic skin science, vegan collagen and next-generation hyaluronic acid. Witness the remarkable rejuvenation and enjoy a youthful, lifted complexion.

90-minute treatment

Standard MOP3,000++ Off-Peak MOP2,800++

Vegan Collagen

for All Skin Types

Experience the transformative power of vegan collagen, meticulously designed to mimic human collagen, providing deep hydration and acting as a natural filler solution to restore youthful elasticity and plumpness. Unlock a radiant, age-defying complexion by harnessing the latest in biotechnology with vitamin-rich actives such as Kakadu Plum, Ashwagandha and Bacillus Ferment known to restore and strengthen skin integrity.



90-minute treatment

Standard MOP2,800++ Off-Peak MOP2,600++

24K Gold Age-Defying

for Dry or Matured Skin

Combining collagen and elastin boosting actives, this age-defying facial features potent ingredients such as Mogra, Queen of Jasmines and 24K Gold that will penetrate the dermal layers of the skin renewing and regenerating skin cells with a sustained result. Bring a radiant glow to the skin by oxygenating deeply on a cellular level, reduce fine lines and wrinkles whilst addressing emotional needs such as stress, anxiety and hormonal balance.



60-minute treatment

Standard MOP1,880++ Off-Peak MOP1,680++

Advanced Antioxidant

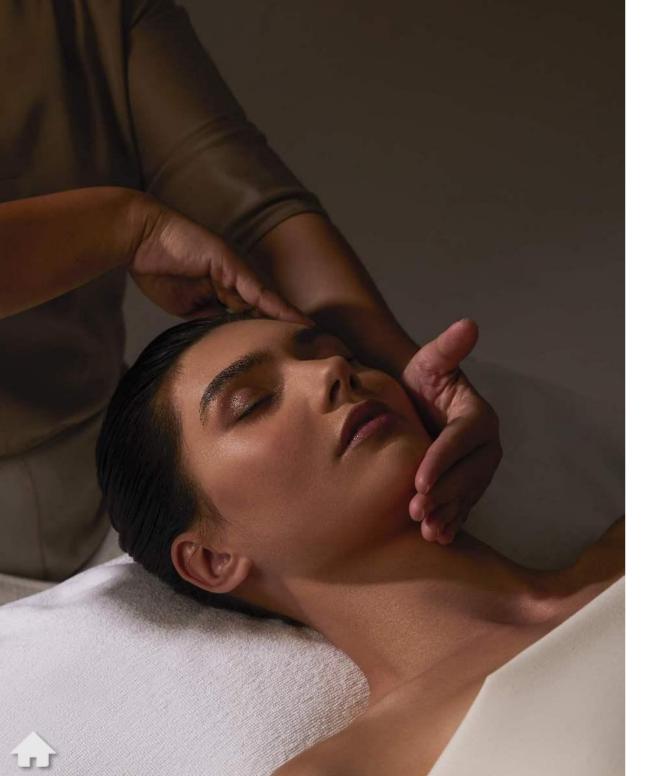
for Dry or Dehydrated or Sensitive Skin

Designed for dehydrated, mature, sensitive or damaged skin. This intense enriching facial therapy delivers an exceptional nutrient rich elixir that revitalises tired ageing skin. Infused with advanced antioxidants and essential fatty acids to fight free radical damage and protect the skin from the visible signs of ageing. The facial massage delivers an impressive active serum to increase collagen and hyaluronic acid production, before a botanical hydration mask locks this precious moisture into the skin. Finish this restorative treatment with smooth, vitamin enriched skin that is deeply hydrated.

Clear Balance Purifying

for Oily or Combination Skin

This powerful facial will optimise your wellbeing and replenish your skin with a renewed freshness. Wild turmeric offers intense purification while exotic Kashmir lavender soothes and restores. This deeply detoxing treatment will revitalise tired, congested and stressed skin. Toxins will be drawn out through a double cleanse, saffron and frankincense exfoliation and a purification mud mask. A complete indulgence that purifies and tones.



60-minute treatment

Standard MOP1,880++ Off-Peak MOP1,680++

Pomegranate Enzyme

for All Skin Types

Reveal a brighter, fresher skin through the transformational power of polyphenols including activated pomegranate enzymes and natural AHAs which effectively resurface and smooth the skin. The active aromatics and botanicals nourish and maintain moisture levels, while gentle exfoliation reveals a smoother and brighter complexion. Indulge in this remarkable facial for a rejuvenated and radiant skin experience.



Express

20	Standard	Off-Peak
30-minute treatment	MOP880++	MOP780++

Create a blissful treat for your face, select the combination which works best for your skin type. This facial begins with cleansing to remove impurities and ends with a moisturizer to restore radiance. Choose mask or massage to give a clearer and brightened complexion.

Cleansing • Scrub • Mask • Moisturize

OR

Cleansing • Scrub • Massage • Moisturize



BANYAN BEAUTY

	Short	Medium	Long
Ladies Blow Dry	MOP380++	MOP480++	MOP580++
Gentlemen Blow Dry	MOP380++		
Design Styling	MOP580++	MOP680++	MOP780++
Ladies Hair Cut and Blow Dry	MOP480++	MOP520++	MOP580++
Gentlemen Hair Cut and Blow Dry	MOP480++		
Hair Treatment	MOP980++	MOP1,180++	MOP1,280++
Keratin Treatment	MOP1,980++	MOP2,200++	MOP2,480++
Hair Color	MOP980++	MOP1,180++	MOP1,280++